

JUDO EXCELLENCE



JUDO SESSIONS TIMETABLE

CLASSES	MON HEBDEN	TUE NORTHOWRAM	WED HEBDEN	THU ELLAND	THU HEBDEN	SAT HEBDEN	SUN
JUDO PANDAS AGE 5-7	5:00 PM	5:30PM	Judo/BJJ	5:00PM		09.00 AM	
JUDO JUNIORS AGE 8-12	6:00PM	6:30PM	6:15PM FUNDEMENTALS	6:00PM	6:00PM	10.00 AM	
ADULTS & TEENS	7:00PM		7:00PM INTERMEDIATE/ADVANCED	7:00PM	7:00PM INTERMEDIATE/ADVANCED	11.00 AM	
COMPETITION CLASS	7:00PM					11.00 AM	



Judo Excellence birthday party's Saturdays & Sundays at Hebden Bridge Judo Club get in touch for more details

